Announcements

02/17/2026

Any 6th, 7th or 8th grade girl interested in trying out for the ECMS Girls Tennis team should attend a call-out meeting on Wednesday, February 18 during Trojan Bell.

Any 8th grade student interested in joining the fishing team for next year there will be a meeting on February 19th immediately after school in high school room 130. Please have your ride here no later than 4:00.

Attention students—Heart & Sole registration is now open!
Heart & Sole is a middle school Girls on the Run program that helps girls build confidence, kindness, and healthy habits. It's for all activity levels—you can run, walk, jog, skip, roll, or move at your own pace. The Spring season runs March 2 through May 9, with a 5K in May. Meetings are Tuesdays and Thursdays from 3:10 to 4:30 in Mrs. Lecher's room.
Registration is open February 9 through February 22. Teams are limited to 16 girls, and a lottery will be held on February 24 if needed.

Registration instructions are available in Mrs. Lecher's room or in the office.
Questions? See Mrs. Ziegler, Mrs. Andres, Mrs. Klenke, or Mrs. Lecher.

Quote of the Day:
“If you can’t fly then run, if you can’t run then walk, if you can’t walk then crawl, but whatever you do you have to keep moving forward.”- Martin Luther King Jr.

Today’s Lunch will be:
Classic: Breakfast Bar
Create: Macaroni and Cheese bar
Pizza: Variety of smart mouth pizza
Soft pretzel with cheese sauce

Wednesday’s Lunch will be:
Classic: Chicken nuggets or Salisbury Steak, dinner roll, and mashed potatoes with gravy
Create: Yogurt Parfait Bar
Pizza: Variety of smart mouth
Breaded mozzarella sticks with marinara sauce